

scottishathletics Masters Championship Hurdle Specifications Indoor

| Distance | Age Group | Marking | Height | To first Hurdle | Distance Between | From last hurdle | Number of flights | Tip weight |
|----------|-----------|-----------|--------|-----------------|------------------|------------------|-------------------|------------|
| 60m | M35 | Red | 99.1cm | 13.72m | 9.14m | 9.72m | 5 | 3.6kg |
| 60m | M50 | Yellow | 91.4cm | 13m | 8.5m | 13m | 5 | 3.6kg |
| 60m | M60 | Short Red | 84.0cm | 12m | 8m | 16m | 5 | 2.7kg |
| 60m | M70 | No Mark | 76.2cm | 12m | 7m | 20m | 5 | 2.7kg |
| 60m | M80 | No Mark | 68.5cm | 12m | 7m | 20m | 5 | 2.7kg |
| 60m | W35 | Yellow | 84.0cm | 13m | 8.5m | 13m | 5 | 2.7kg |
| 60m | W40 | Short Red | 76.2cm | 12m | 8m | 16m | 5 | 2.7kg |
| 60m | W50 | No Mark | 76.2cm | 12m | 7m | 20m | 5 | 2.7kg |
| 60m | W60 | No Mark | 68.5cm | 12m | 7m | 20m | 5 | 2.7kg |

NOTES

The above colouring is for Glasgow Emirates Arena. 'Short' Markings are found in lanes 1,4,5 & 8 only.